

DISCOVER

METZ MÉTROPOLE

2019

»»» 4th «««
EUROPEAN
BEST
DESTINATIONS
2019
METZ

2018 Constellations Mapping

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tourisme-metz.com

EUROPEAN METZ MÉTROPOLE



**By
car**

2 major motorways:

- ▶ A31 (Luxembourg/Lyons)
- ▶ A4 (Paris/Strasbourg)

Distance:

- ▶ Brussels - Metz: 2 hrs and 45 min
- ▶ Luxembourg - Metz: 50 min
- ▶ Frankfurt - Metz: 2 hrs and 40 min
- ▶ Strasb. - Metz: 1 hr and 50 min

www.oui.sncf



**By
train**

Metz Railway Station, Pl. du Général de Gaulle

- Metz - Paris: 82 min
- Metz - Strasbourg: 45 min
- Metz - Luxembourg: 50 min
- Metz - Sarrebruck: 50 min

Lorraine TGV High-Speed Train Station (57420 Louvigny)

Trains to Nantes, Rennes, Rheims, Bordeaux, Paris Charles de Gaulle airport



**By
plane**

- ▶ Lorraine Airport (18 km from Metz, 25 min):
www.lorraineairport.com
- ▶ Luxembourg Findel (69 km from Metz, 50 min):
www.lux-airport.lu
- ▶ Sarrebruck (79 km from Metz, 1 hr):
www.flughafen-saarbruecken.de



**By
boat**

- ▶ Moselle & Sarre linked to the North Sea
- ▶ Southwards to the Mediterranean by the Canal de l'Est

Marina with 'Blue Flag' eco-label

Harbour master's office: Régates Messines
2 quai des Régates - 57000 Metz
Phone: +33 (0)3 87 66 86 03
<https://port.regatesmessines.fr>

Port de plaisance

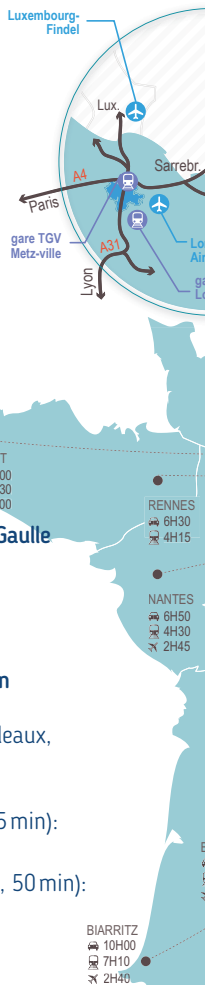
60 rue de l'Étang - 57160 Scy-Chazelles
Phone: +33 (0)3 87 60 21 10

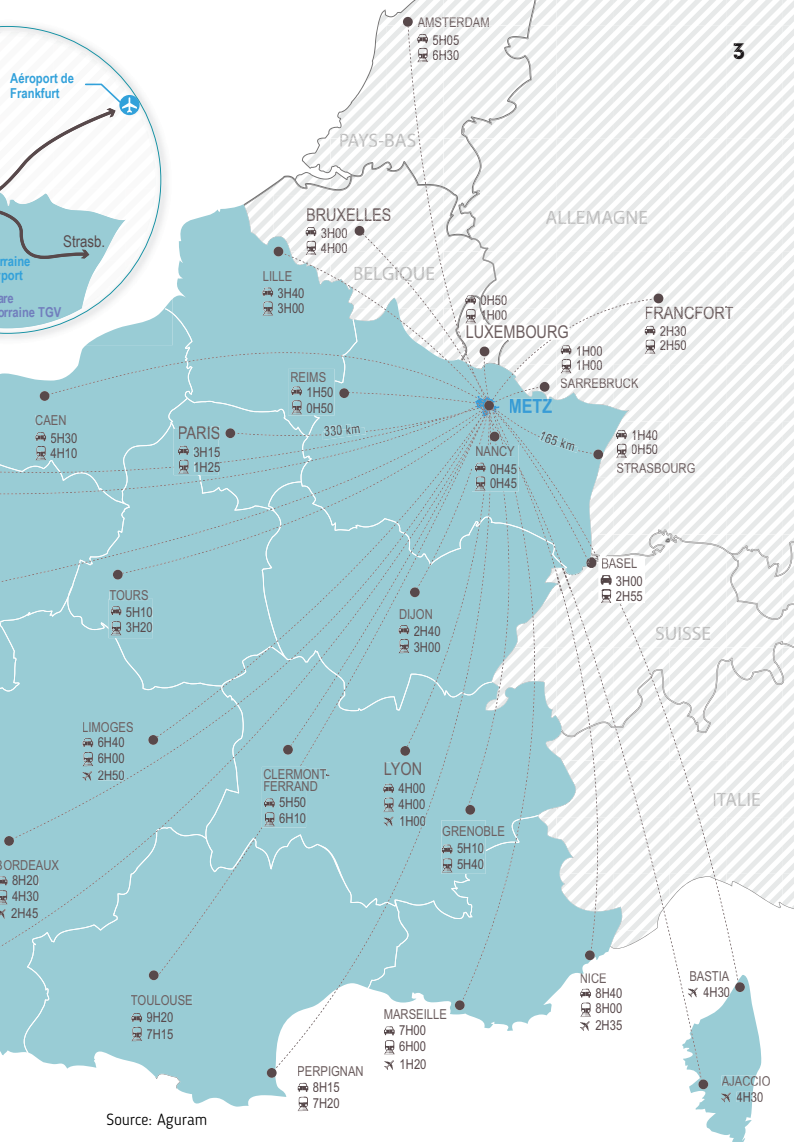


**Public
transport**

Bus lines serving the whole city, METTIS rapid bus service, bicycle hire...

Find out more at www.lemet.fr or on 0800 00 29 38
(freephone, free call from a French landline)





AN ARCHITECTURAL FOCUS

Metz has always been an architectural laboratory. The Métropole has never ceased to develop, yesterday with Kröger and Wahn in the “Nouvelle Ville”, today with architects and designers of international renown in the Amphitheatre Quarter. Jean-Michel Wilmotte, who designed the Centre Metz Congrès Robert Schuman, Shigeru Ban, Christian de Portzamparc, Jean-Paul Viguier, Nicolas Michelin and Paul Chemetov have all left their mark on this district. The Maison Heler hotel, imagined by Philippe Starck, will be opening its doors here in the 1st quarter 2020.

www.inspire-metz.com



Cour d'Or Museum

FROM THE PAST TO THE PRESENT DAY

From Gallo-Roman times to the present day, Metz is a **mosaic of styles, materials and colours**. Fundamentally Latin, with some Germanness thrown into the mix, in a word: unique.

Inhabited since the end of the Bronze Age (1100 BC), cradle of the Carolingians, an episcopal city then a free bourgeois republic in the Holy Roman Empire, **Metz grew gradually to become a European capital of art and culture**. The Gothic civil architecture is marked by an Italian influence (Place Saint-Louis, Place Sainte-Croix...).

Some spectacular remains of the medieval fortifications can still be seen: the Porte des Allemands and the ramparts along the banks of the Seille, dotted with towers.

In 1552, Metz became French thanks to King Henri II. Vauban in the 17th century, and Cormontaigne in the 18th century fortified the city. The 18th century town development works, directed by the Maréchal de Belle-Isle, governor of the city and of the Trois-Évêchés province, completely transformed the medieval city. **Emblematic architectural ensembles** were created : Place d'Armes (where you'll find the Inspire Metz

agency - Office de Tourisme and the City Hall), Place de la Comédie (Opera - Theatre).

An unspoilt heritage

The 19th century saw growing economic prosperity, but the hardships of the Franco-German war of 1870 turned the city's destiny upside down, throwing it into a period of great upheaval. A new district was created, contrasting with the city's original Latin and French culture, built with Jaumont limestone: **the Imperial Quarter, an exceptional example of German town planning from the end of the 19th century**, combines historical and new architectural styles: Romanesque, Gothic, Renaissance and Baroque, Art Deco and Jugendstil.

The return to France in 1918 brought a revival of classical architecture, but the city suffered a second German annexation from 1940 to 1944.

This Art & Tech City **has a remarkably well-preserved heritage** in the heart of Europe. Metz came 4th in the "European Best Destination 2019" competition, thus confirming its position as an emerging European destination.

CENTRE POMPIDOU-METZ

Art and Cultural Centre

The Centre Pompidou-Metz is a place of discovery, where you can contemplate, think, explore and share in the diversity of the expression of modern and contemporary creation.

One event follows another all year long around temporary international-class exhibitions presenting works taken from the prestigious collection of the Centre Pompidou - National Modern Art Museum, and from museums, galleries and collectors from the world over.

To find out more:

www.centrepompidou-metz.fr

METZ CATHEDRAL (1220-1522)

GOD'S LANTERN

With its 42-metre high vault, it is one of the tallest Gothic buildings in Europe, and also boasts the

largest surface area of stained-glass windows. Its 6,500 sq.m of stained-glass windows made between the 13th and 20th centuries by famous artists (including Marc Chagall) have earned it the name God's Lantern.

To find out more:

<http://cathedrale-metz.fr>

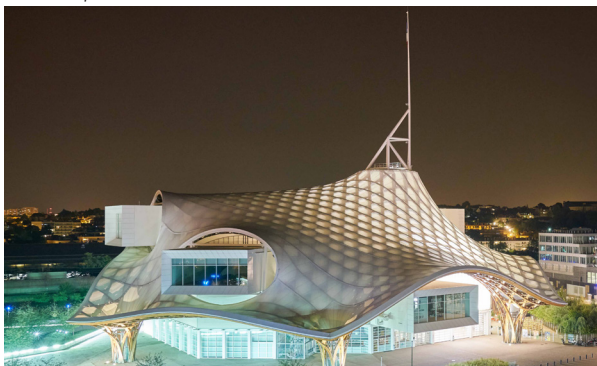
COUR D'OR MUSEUM

The Cour d'Or Museum - named after the palace of the Kings of Austrasia whose site it occupies - was designed as a stroll through the history of Metz's heritage. It houses the remains of the Gallo-Roman thermal baths, the famous Chèvremont corn loft and the Saint-Pierre-aux-Nonnains chancel, superb Gothic painted wooden ceilings, as well as a Fine Arts section.

To find out more:

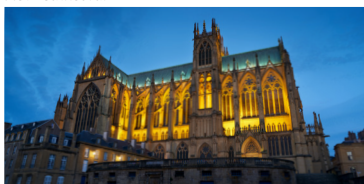
<http://musee.metzmetropole.fr>

Centre Pompidou-Metz



Metz Cathedral

Cour d'Or Museum

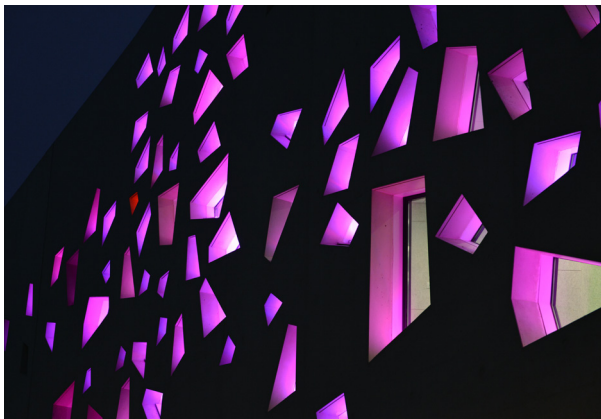


MUSIC!

The Cité Musicale-Metz, **showcase of artistic creation**, houses **three auditoriums** (Arsenal, one of the twenty most beautiful auditoriums in France, BAM and Trinitaires) **and is home to the Metz National Orchestra**. Every register is represented, from classical music to the contemporary music scene.



Arsenal Grand Auditorium



La Boîte à Musiques - BAM

NATURE IN ITS HEART

City of water and gardens, Metz is nestled between the Moselle and Seille rivers. Its canals, blue-flag marina and lake offer so many good reasons to take a stroll along the quays and river banks. With 45 sq.m of green spaces per inhabitant, 36 kilometres of riverside walks, and 95 km of cycle paths: you can visit Metz easily on foot, by bike or boat.



Porte des Allemands

Gardens in the Metz area

The Botanical Garden, formal gardens, landscaped or exotic gardens, fitness trails, golf courses, from the Esplanade to the Parc du Pas-du-Loup, from the Jardin des Tanneurs to the Jardins Jean-Marie Pelt - Parc de la Seille, from the forts to the lakes, the green spaces in Metz Métropole all rival each other in beauty and creativity.

Not to be missed

Jardin des Plantes de Chez Nous (Scy-Chazelles), Jardins Fruitières de Laquenexy, Jardin du Château de Pange, walk along the Canal de Jouy, the banks of the Moselle and of the Seille, Parc du Château de Courcelles and Jardin Devant-Blory (Montigny-lès-Metz), Parc Simon (Aigny), Mont-Saint-Quentin, Cueillette de Peltre, Parc du Pâtis (Woippy), vine heritage garden (Vaux)...

'V50 bike trail - L'Échappée bleue'

'The V50 bike trail - L'Échappée bleue' takes you from the Luxembourg border to Lyons along the banks of the Moselle, the Canal des Vosges and the Saône covering a distance of more than 700 kilometres.

To find out more about the boat trips, cycle paths and garden trails: www.tourisme-metz.com



Summer garden on Place de la Comédie



Vines in Vaux

WINE TOURISM AND GOURMET FOOD

Metz area wine route

Take the 46 km long Metz area Moselle wine route by bike or car, or even on foot, and explore the winegrowing region around Metz. Far from confining itself to the wine estates, it links twenty villages between the districts of Fey, to the south, and Marange-Silvange, to the north, allowing you to discover the area's historical heritage, as you wend your way through the orchards and vineyards, and contemplate from the heights of the hillsides the Lorraine plateau and the Moselle valley down below. This route will take you out to meet the winemakers of the AOC Moselle, who will be delighted to let you taste their vintages. These wines go perfectly with a Quiche Lorraine, tourte pies or potée hotpot – simple and authentic local dishes.

Les Tables de Rabelais



Since 2006, “Les Tables de Rabelais” have been the area's gourmet signature.

A nod in the direction of the Rabelaisian spirit, they bring outstanding restaurateurs, caterers and producers together around the Inspire Metz agency - Office de Tourisme, always keen to enhance the flavours of our local produce, and share the generous values of the French way of life.

Want to know more about the wines of Moselle, get some recipes, and find out where and when you can stock up at the local markets?

www.tourisme-metz.com

Alcohol abuse is bad for your health. Drink in moderation.

Quiche Lorraine by Christophe Dufossé, a Michelin starred Metz chef



Culinary specialties

The Mirabelle, this delicious little golden plum, is the queen of the Lorraine orchards. It can be enjoyed raw, or in a tart, jam or plum brandy. And let's not forget the Woippy strawberries, the Paris-Metz macaroon and other gourmet delights.



Mirabelle orchard

The Metz Constellations Festival

An unmissable get-together for digital art in every shape and form. A festival that allows you to discover our heritage through original and monumental artistic creations, particularly with the mapping on the Cathedral and the artistic circuits. 950,000 spectators in 2018.



The Metz Constellations Festival

COUNTRY TOURS IN THE METZ AREA

The Metz area corresponds to the former Republic of Metz, a powerful territory in the Middle Ages.

Absolutely unmissable:

▶ The 22-km long **Roman aqueduct** in Ars-sur-Moselle and Jouy-aux-Arches that supplied Metz with water;

▶ **The fortified churches** dating from the 14th and 15th centuries, a veritable defensive belt around Metz, that served as refuges from pillagers (Lessy, Scy-Chazelles, Vaux, Arry, Lorry-Mardigny, and Sillegny whose interior is decorated with 16th century frescoes);

▶ The Metz area is dotted with **castles**: Pange, Châtel-Saint-Germain, Courcelles-Chaussy... ;

▶ **The old winemakers' villages with their steeply sloping lanes**: Sainte-Ruffine, Jussy, Rozérieulles, Lessy, Scy-Chazelles...

Theme-based tours and places to explore at www.tourisme-metz.com



Roman aqueduct

A GREAT IDEA



The City Pass includes:

- ▶ 1 admission to the Cour d'Or museum
- ▶ 1 admission to the Centre Pompidou-Metz
- ▶ 1 audio-guided tour of Metz (in F, D, GB, IT, NL) + reductions for making the most of Metz Métropole at the most attractive prices: leisure, shopping, shows, tastings and gourmet food...

TOOLBOX: THE APPS



Metz Tour

Discover the essentials in Metz Métropole and nearby in Nancy, Luxembourg, Trèves, Sarrebrück (museums, heritage, accommodation, restaurants, shopping, leisure, events, circuits...), geolocalised, accessible 24/7, and no need for an Internet connection.

Available in French, English, German, Dutch, Italian, Spanish and Portuguese.

With financial backing from the Grand Est region.



Metz Monument Tracker®

With the Metz Monument Tracker® application, find out all about the monuments and their history automatically on your smartphone or tablet.

Available in French, English, German, Dutch and Spanish.



Christmas Market - Place Saint-Louis

KEY EVENTS

Spring

Festival Le Livre à Metz-Literature and Journalism
“Metz est wunderbar” Franco-German Week

Summer

The Metz Constellations Festival
Hop Hop Hop international street performance festival
Mirabelle plum festivals

On the programme: floral floats, concerts and spectacular shows... The festivals end with the Montgolfiades de Metz hot-air balloon show.

Autumn

Moselle Open
A great tennis event with some of the best players in the world.
Metz Mirabelle Marathon
The go-to event for running enthusiasts, with national qualifier events.

Winter

Christmas Markets
Chalets, gourmet and craft produce, big wheel, ice rink, Lanterns Walk... All you need to enjoy the magic of Christmas.
Saint Nicholas
The traditional festival in honour of Saint Nicholas, to be shared with all the family at the beginning of December.
Saint-Vincent de Metz Métropole
To celebrate their traditional patron saint with the AOC Moselle winemakers, in January.
Find out all about the events in the Metz Métropole area at www.tourisme-metz.com/fr/agenda-des-manifestations.

To help you make the most of these events, the Inspire Metz agency proposes stays and themed tours for groups and individuals. Information on + 33 (0)3 87 39 01 02 or at www.tourisme-metz.com.

INSPIRE METZ

Quai des régates

Agence
Inspire Metz
Office de Tourisme



2, place d'Armes-J.F. Blondel - CS 80367 - 57007 Metz Cedex 1

Phone: + 33 (0)3 87 39 00 00 - Fax : + 33 (0)3 87 36 59 43

E-mail: tourisme@inspire-metz.com

Internet: www.tourisme-metz.com

April to Sept. and Christmas Markets: open from Mon to Sat, 9am to 7pm,
Sun and public holidays 10am to 4pm.

October to March: open from Mon to Sat, 10am to 6pm, Sun and public
holidays 11am to 3pm. Closed on 25 Dec and 1st Jan.

Agence Inspire Metz is registered on the register of travel and holiday operators - About France under the No IM057170006 - Siret Company Registration No: 832 084 412 00010 - APE activity code: 7990 Z - The financial guarantee (amount: €30,000) is provided by GROUPAMA ASSURANCE-CRÉDIT & CAUTION, 8-10 rue d'Astorg, 75008 Paris, France - Professional Civil Liability Policy No 10133416104: Axa Christian BRET, General Agent, 34 avenue André-Malraux, 57000 Metz.

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